

Shallow

COPPER KNOBS

Count: 32 Wall: 2 Level: Intermediate

Choreographer: Heli Kesküla, Merle Kukk, Kairit Linnaste – January 2019

Music: Lady Gaga & Bradley Cooper - Shallow (3:36)



First Tag after wall 2, Second Tag after wall 6

SIDE, BACK ROCK, RECOVER, CHASSE, ROCK STEP, 1/2 SHUFFLE TURN

- 1-2-3 LF step to L, RF rock behind LF, recover to LF
4&5 RF step to R, LF together, RF step to R
6-7 LF rock forward, RF rock back onto RF
8&1 LF step with 1/2 turn to L, RF together, LF step forward

3/4 TRAVELLING BACKWARD, ROCKING CHAIR

- 2-3-4 RF step back with 1/4 turn to L, LF step back with 1/2 turn to L, RF step forward
5-6-7-8 LF rock forward, RF step in place, LF rock back, RF step in place

STEP, 1/4 SIDEROCK, CROSS, SIDE, ROCK STEP*, STEP, ROCK STEP*, 1/4 STEP

- 1&2 LF step forward, RF rock with 1/4 turn L, LF step in place
3-4 RF cross over LF, LF step to L side
5-6-7 RF rock back, LF step in place, RF step to R
8-1-2 LF rock back, RF step in place, LF step back turning 1/4 R

***while doing rock step rotate your upper body and do the rock step slightly diagonally**

1/4 SAILOR STEP, 2x 1/4 SAMBA BASIC

- 3&4 RF cross behind L with 1/4 turn to R, LF step to L, RF step forward
5&6 LF longer step forward, RF step with 1/4 turn to L, LF together
7&8 RF step back with 1/4 turn L, LF to R side, RF together

START AGAIN

First Tag after wall 2, second tag after wall, special ending in the end :)

***TAG 1**

2x WALK, SHUFFLE, ROCK STEP WITH 1/2 TURN, FULL TRIPLE TURN, PIVOT

- 1-2 LF step forward, RF step forward
3&4 LF small step forward, RF together with the limping like motion, LF small step forward
5-6 RF rock forward, LF recover but turning 1/2 to R
7&8 RF step forward with 1/2 turn R, LF step with 1/2 turn R, RF step forward
1-2 LF step forward pivoting 1/2 to R, RF step in place

SWAY, 2x SAILOR STEP

- 3-4 LF step to side, sway hips to L and R bringing weight onto RF
5&6 LF cross behind RF, RF step to R side, LF step to L side
7&8 RF cross behind LF, LF step to L side, RF step to R side

***TAG 2**

For the first 10 counts steps are the same

2x WALK, SHUFFLE, 1/2 ROCK STEP TURN, FULL TRIPLE TURN, PIVOT

- 1-2 LF step forward, RF step forward
- 3&4 LF small step forward, RF together with the limping like motion, LF small step forward
- 5-6 RF rock forward, LF recover but turning 1/2 to R
- 7&8 RF step forward with 1/2 turn R, LF step with 1/2 turn R, RF step forward
- 1-2 LF step forward pivoting 1/2 to R, RF step in place

SHUFFLE, SPIRAL TURN TO LEFT, SHUFFLE

- 3&4 LF step forward, RF together, LF step forward
- 5-6 RF step forward, full turn to L staying on RF, crossing LF over RF
- 7&8 LF step forward, RF step together, LF step forward

1/8 DIAMOND, ^{1/4}1/8 COASTER STEP, ^{1/4}1/8 DIAMOND, 1/8 COASTER STEP

- 1&2 cross RF over LF slightly starting the turn to R, LF step back continuing the turn, RF step back ending the 1/8 turn (1:30) ✓
- 3&4 LF step back, RF together, LF step forward - steps with small turn to face ~~3:00~~ 4:30
- 5&6 cross RF over LF slightly starting the turn to R, LF step back continuing the turn, RF step back ending the 1/8 turn (4:30) 7:30
- 7&8 LF step back, RF together, LF step forward - steps with small turn to face ~~6:00~~ 9:00

ROCK STEP, STEP 1/2 TURN, PADDLE TURNS*

- 1-2 RF rock forward, LF step in place 9:00
- 3&4&5&6&7&8& RF step back with 1/2 turn to R, while staying on the RF paddle with LF 1/2 turns as much as music or head allows - end the turns to the front wall 12:00

*while doing the paddles hold your palms upwards and raise your hands from the side from down diagonal to up diagonal

Continue dancing the main part

Korrektur laut Rücksprache mit Karin Linnaste
März 2019.