

# Shut Up & Dance EZ

Count: 16 Wall: 4 Level: Absolute Beginner

Choreographer: Lynn Card, June 2015

Music: "Shut Up and Dance" by Walk the Moon



**(No Tags, No Restarts , Great For Floor Splits)**

**Start on first vocal**

**WALK FORWARD R, L, R, KICK L**

1,2,3,4 Walk R forward, Walk L forward, Walk R forward, Kick L forward

**WALK BACK L, R, L, R, TOUCH R**

5,6,7,8 Walk L back, Walk R back, Walk L back, Touch R next to L

**STEP RIGHT SIDE, TOUCH L, STEP LEFT SIDE, TOUCH R**

1,2,3,4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L

**OUT OUT, CLAP, TWIST, TWIST with 1/4 TURN**

Step R out to right side, Step L out to left side, (shoulder width apart), Clap, Twist  
&5,6,7,8 heels to the left, Twist heels to the right and make a ¼ turn to the left ending with weight on L

**(now facing new wall 9 o'clock)**

**Contact - [Lynncard28@gmail.com](mailto:Lynncard28@gmail.com) - YouTube: [lynncard28](https://www.youtube.com/user/lynncard28)**